



E-News by Mother Goose Volume 13 Winter 2008



Happy New Year to my early childhood friends from Florida to Alaska! While this newsletter is late...the wishes are sincere!



I hope you had a wonderful holiday season and spent time with your family. I spent 16 nights in hotels in October and decided I needed some time off in November and December! Now, we are halfway through the month and I realize I am WAY behind...so

I am going to get this brief newsletter off and running! I have 34 children's shows booked this month and worked with over 350 Kindergartners yesterday!



WE HAVE SNOW!

This is a big deal here in Atlanta, as some of my little friends have never even seen snow! We have had snow falling twice in one week although the roads are too warm to be slick but we can still play outside.

Many of you have asked me for transition tips. I am devoting this brief newsletter to sharing some that I use! Please know that children need direction at ALL times. When you are beginning the day, when you are ending the day, when you are lining up or just getting ready to sit down for a story...share these easy transition activities with a smile on your face and a confident disposition! Remember, repetition is the key to learning and children need predictability!

If you use a few of these as a signal, every single day...your children will know what is next and you will avoid chaos!

CLAP THEM, CLAP THEM...
WAVE THEM, WAVE THEM...
STRETCH THEM WAY UP HIGH!
ROLL THEM, ROLL THEM,
SHAKE THEM, SHAKE THEM
NOW DROP THEM TO YOUR
SIDE!
WIGGLE THEM, WIGGLE THEM...
HOLD THEM, HOLD THEM,
NOW PLACE THEM ON YOUR
KNEES!
NOW FOLD YOUR HANDS
TOGETHER
Choose one:

AND NOD YOUR HEAD LIKE ME!
AND STRETCH YOUR NECK LIKE
ME!
AND SIT RIGHT DOWN WITH ME!



**Hands up high...
Hands down low...
Roll them fast...
Now roll them slow!
Hands in front...
Hands in back...
Now put your hands
together ...
And place them in your lap!
(sit down with the children)**



Will you clap your hands
with me...?
Stomp your feet and pat your
knees...
Elbows out... Now spin
around...
Bend your knees and sit right
down.
(Tune: Won't you come and
dance with me?)

**Wear a smile
if you're happy,
(smile)**

**Wear a frown if you're sad,
(frown)**

**Clap your hands if you are
having fun!
(clap)**

**Each day is a brand new
day...**

(make a sunshine)

**We will share with everyone!
(wave at your friends)**

This is a good chance to ask your children what would make them smile today or what might make them frown. Sometimes it is fun to give extravagant examples: If your Mom came to carpool with a clown in the car...would that make you smile? If you went home and someone took all of your toys...would that make you frown...these are great conversation starters. Or, you can use examples from your own life:

It would really make me smile if I went to my car and saw that someone had washed it and cleaned it while I was at school today!
What should I do?

It would really make me frown if my refrigerator broke and all the food was spoiled....what would I do?

The day is done...
We've had such fun!
It's time for us to go!
We'll be back soon...
Right in this room!
 Tomorrow will be
A brand new day!

OR if it is a weekend:
Monday will be a brand
new day!